

other information

Payment is required on the day of consultation.

On the day of your appointment, please ensure that you bring along:

- Medicare Card / Veterans Card
- Pension / Health Care Card
- A list of medications

anticoagulant medication

Please inform our doctors if you take any anticoagulant medication such as Aspirin, Plavix or Warfarin. We require patients taking warfarin to have an INR blood test 2 - 3 days prior to surgery. Please contact the Skin & Cancer Foundation Inc on (03) 9623 9400 with the results prior to surgery.

parking

There is metered parking available in the streets close by, in addition to public parking off Pelham and Rathdowne Streets.

accommodation

If you are travelling a long distance, it is advisable to find accommodation and stay the night of your surgery. A number of accommodation options are close to the Foundation. Please contact us for a list.

support the foundation

Our Foundation relies on the support of others to ensure we can continue with our commitment of providing world class care, education and research for skin disorders. See below for the range of ways on how you can support us.

fundraise

Start fundraising with friends and family. Sign up for an existing event in your region or create your own event with our online Foundation fundraising page. Simply visit our website and refer to the 'fundraise now' button on the home page for your convenience.

Alternatively don't hesitate to contact us:
t: 03 9623 9400 e: fundraise@skincancer.asn.au

donation

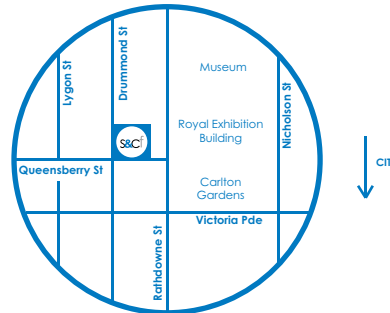
Donate to our cause today. All donations of \$2 or more are tax deductible. Simply visit our website and refer to the 'donate now' button on the home page for your convenience.

Alternatively don't hesitate to contact us:
t: 03 9623 9400 e: donate@skincancer.asn.au

bequest

If you wish to make a bequest a member of our Foundation is available to talk with you regarding your preferred option in addition to discussing our recognition of support program.

t: 03 9623 9400 e: bequest@skincancer.asn.au



Skin & Cancer Foundation Inc

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DISCLAIMER: Content in this brochure is provided for general information only. It is not intended as medical advice, and should not be relied upon as a substitute for consultations with qualified health professionals who can determine your individual medical needs.



healthy skin by dermatologists



laser clinic

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the skin & cancer foundation inc

The Skin & Cancer Foundation Inc is Australia's leading specialist dermatology centre. It is a not-for-profit organisation specialising in the treatment, education and research of skin disorders.

Established in 1987, the Foundation offers patients peace of mind knowing that their skin is in expert hands. The Foundation provides the best in dermatology industry standards, and professional advice.

laser clinic

The Laser Clinic is one of a number of specialty clinics, operating at the Skin & Cancer Foundation Inc. The clinic is run by a consultant dermatologist, and a team of dermatology registrars and nurses. (Dermatology registrars participate in clinics as part of their education training provided by the Foundation).

In this clinic we see people with a variety of skin conditions, which may respond well to laser therapy.

duration of consultation

On the day of your initial consultation you will be seen by the consultant and a dermatology registrar. The consultant will discuss treatment options with you and fully explain any procedures which may be recommended for you, including any aftercare required for any wound. You should allow at least 30 - 45 minutes for the first appointment.

treatment on day of consultation

This will depend on what area of the skin is to be treated and also which laser machine will be required to treat your specific problem.



follow up

If your initial appointment was to discuss possible treatment options only, then you will be required to come back for another appointment to undergo the treatment. Treatment is usually booked in for the next available laser clinic.

Sometimes on the day of consultation it is decided that treatment can also be carried out, however this is not always an option, as some procedures require a much longer time slot to be completed. If you are treated on the day of your consult appointment, you may be required to return for a review appointment at the next clinic.



risks and complications

As with all surgeries complications may arise. Complications may include:

- Bruising
- Pain afterwards
- Scarring
- Colour variation
- Numbness (initially due to local anaesthetic)
- Swelling
- Infection
- Bleeding

Complications and risks will be discussed with you prior to your laser treatment. Please don't hesitate to ask your doctor any questions prior to your surgery.

further laser treatment required

Depending on your specific problem however some conditions may require further treatment. A clinic appointment for follow up wound care may also be required and this will be explained to you at the time of consultation.

preparation for laser treatment

The best preparation for your procedure is a sound nights rest, followed by a normal breakfast. If you are taking any regular medications, you should take them as normal unless advised to withhold them.

Due to limited space we request that you only bring one companion. Do not bring any valuables or wear unnecessary jewellery.

after laser treatment

You may have a dressing applied after the laser therapy to help reduce bleeding if a resurfacing laser is used. You will be given verbal and written instructions on how to care for this and what to do in the event of any complications.

You may need time off work or exercise regimes may need to be ceased temporarily, please discuss any concerns with medical staff.

If you are treated with one of the vascular or pigmentation lasers, the treated area may be swollen for several days following treatment. This is to be expected. Scabbing or blistering is less frequently seen. Usually ice packs are supplied intermittently to the treated areas for the first 48 hours. If scabs form, rubbing or excessively vigorous cleansing should be avoided. Any scabs usually settle within a week. Make-up and sunscreen may be worn during this time. Protection from ultraviolet light (natural or artificial) is advised.



Before and after treatment